

NORTHERN MINERALS & EXPLORATION LTD.

FORM NT 10-Q

(Notification that Quarterly Report will be submitted late)

Filed 03/17/16 for the Period Ending 01/31/16

Address	1301 AVENUE M CISCO, TX 76437
Telephone	254-442-2627
CIK	0001415744
Symbol	NMEX
SIC Code	1040 - Gold And Silver Ores
Industry	Integrated Mining
Sector	Basic Materials
Fiscal Year	07/31

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 12b-25

SEC. FILE NUMBER 333-146934
CUSIP NUMBER 665416 103

NOTIFICATION OF LATE FILING

(Check one): Form 10-K Form 20-F Form 11-K Form 10-Q Form 10-D Form N-SAR
 Form N-CSR

For Period Ended **January 31, 2016**

- Transition Report on Form 10-K
- Transition Report on Form 20-F
- Transition Report on Form 11-K
- Transition Report on Form 10-Q
- Transition Report on Form N-SAR

For the Transition Period Ended _____

Nothing in this form shall be construed to imply that the Commission has verified any information contained herein.

If the notification relates to a portion of the filing checked above, identify the Item(s) to which the notification relates:

PART I - REGISTRANT INFORMATION

NORTHERN MINERALS & EXPLORATION LTD.

Full Name of Registrant

Former Name if Applicable

1301 Avenue M.

Address of Principal Executive Office (*Street and Number*)

Cisco, Texas 76437

City, State and Zip Code

NORTHERN MINERALS & EXPLORATION LTD.

(Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.

Date March 16, 2016

By /s/ IVAN WEBB

Ivan Webb

Vice President

INSTRUCTION: The form may be signed by an executive officer of the registrant or by any other duly authorized representative. The name and title of the person signing the form shall be typed or printed beneath the signature. If the statement is signed on behalf of the registrant by an authorized representative (other than an executive officer), evidence of the representatives authority to sign on behalf of the registrant shall be filed with the form.